

## GROUP MENTORING

Family relationships aren't simple!  
We all need a bit of support on the  
journey of parenting and family life

Group Mentoring provides friendship, good food and a chance to share what life is like together.

This is a time to hear ideas from others, as well as input and useful tips from our Families Course trainers. Whether you're a parent, grandparent or carer, and whether you currently have children in your care or not, you will find suggestions and encouragement to help along the way.

Tuesdays 21<sup>st</sup> of October, 4<sup>th</sup> of November, 18<sup>th</sup> of November, and the 2<sup>nd</sup> of December

North St Marys Neighbourhood Centre, Cnr Debrincat Ave & Oleander rd, 1:00 to 2:30pm



Contact Sallie to book ph: 0431 433 422 email: [sallie.hammond@fusion.org.au](mailto:sallie.hammond@fusion.org.au)

[familiescourse.com](http://familiescourse.com)

