## **FREE** FAMILIES COURSE

Parents, grandparents and others who care will build a picture of the family they want and discover ways to make that happen.

- **Understand Parenting Styles**
- Have Values to guide Family Life
- Build Warm, Nurturing Connections
- Be Positive, See the Best
- Be Honest, Manage Feelings
- Interdependence the Journey
- Managing Conflict a Tool for Life
- **Discipline Calmly Teach and Guide**



Tregear Public School COURSES Wilkes Cres Tregear

Tuesdays 9.15am - 10.45am 22nd October - 10th December

## CONTACT

Sarah Doecke at **Fusion** 0402296583 sarah.doecke@fusion.org.au Pagistrations Essential

## PLUMPTON

**Plumpton High School** 141 Hyatts Rd, Plumpton

Wednesdays 10.30am - 12.00pm

23rd October - 11th December

## CONTACT

Vanessa at **Fusion 0458367325** Gary Irvine at Plumpton HS 96257020 gary.irvine1@det.nsw.edu.au

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