

## FREE FAMILIES COURSE

Parents, grandparents and others who care will build a picture of the family they want and discover ways to make that happen.

- Understand Parenting Styles
- Have Values to guide Family Life
- Build Warm, Nurturing Connections
- Be Positive, See the Best
- Be Honest, Manage Feelings
- Interdependence - the Journey
- Managing Conflict - a Tool for Life!
- Discipline - Calmly Teach and Guide

families   
CONNECTION • NURTURE • GROWTH

*Building a family that thrives*

### NEXT COURSE

8 Week Course in St Marys, 15<sup>th</sup> February to 4<sup>th</sup> April 2024

Every Thursday from 12:00pm to 1:30pm

Venue: Memorial Hall St Marys (Meeting Room 1)

Cost: FREE, Snacks and refreshments provided

#### CONTACT

Sallie at Fusion  
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#### CONTACT

Mikayla at Wesley Mission  
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*Together There's Life*

Register or find more info at  
**familiescourse.com**