



## **fusion families course.**

### **Penrith**

**Tuesdays** Feb 8, 15, 22, March 1, 8, 15, 22, 29.

**10am - 11:30am**

At Wesley Mission, 95 Henry St, Penrith

**Cost** Free

**Register** online [familiescourse.com](http://familiescourse.com)

For more information, contact Caolan:

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**The FUSION FAMILIES COURSE**  
forms a framework to build a healthy,  
strong and loving family life and covers key areas  
of family relationships including:

Understanding Parenting Styles

Having Values in our Family

Building Nurturing Skills

Understanding Ages and Stages

Being Positive

Building Honest Relationships

Independence

Dealing with Conflict

Discipline

*“Really impressive in range and depth,  
fun and engaging for participants  
a huge help in any family situation.”*

**Steve Biddulph**

(Internationally acclaimed author and educator on raising kids)